

A detailed watercolor illustration of a husky dog's face, looking directly at the viewer. The dog has thick, multi-colored fur in shades of grey, white, and brown, with striking orange-brown eyes and a black nose. The background is a soft, light blue wash.

SHEVEGA Pets
DIET PLAN

shevega.com

EASY TO CREATE
TASTY & HEALTHY ADULT DOG MEALS
USING SHEVEGA SUPPLEMENTS

CREATED BY EXPERTS IN VETERINARY NUTRITION, SUSTAINABILITY & ETHICS

IMPORTANT NOTES

- Ensure you provide regular check-ups for your dog.
- Note that our SHEVEGA supplements are not for pregnant or lactating dogs or puppies
- We provide SHEVEGA formulated custom-made diet plans including for home-made recipes for healthy adult dogs.
- These recipes are complete and balanced calculated for the optimum body weight of your dog. In case your pet is underweight or overweight please adapt the amount of ingredients based on their optimal body weight.
- Please follow the instructions below.

PREPARATION STEPS

- Ingredients - Please see our Table/s below, these ingredients can be cooked or stir-fried for up to 3-5 minutes.
- SHEVEGA recommends that you provide softly cooked carrots daily, and as part of a Vegetable source.
- Warning: No onions, or onion powder, (check carefully if using stock cubes) including all types of onions-fennels, spring onions, garlic. No avocado, macadamia nuts, grapes, raisins, sultanas, hot spices, chocolate, cacao, no cooked or any hollowed bones to be given.
- Body weight adjustment: If your dog's body weight is not exactly like we presented in the Table, please use the average of the weights presented.







SHEVEGA GENERAL RULE

Protein Source	Your usual protein source, no offal, no bones included in the weight of the protein source	30% (Cooked Weight)
Carbohydrate Source	Cooked all: white rice, potato, barley, oats, wheat, polenta	30% (Cooked Weight)
Vegetables	Cooked and raw carrots, pumpkin, peas, spinach, add extra season fruits	30% (Cooked Weight)
Fat	Sunflower, sesame, olive, hemp, flax seed oil.	2%
Sauces	To improve taste. Tomato, satay. NB: Ensure that there is no toxins to dogs, eg onions, garlic, onion concentrate, xylitol etc.	8%

PERCENTAGES REQUIRED

- We recommend that you weigh your dog weekly for the first month and if there is weight loss and it is under the optimal weight, please add an additional 10% of food daily. Alternatively decrease by 10% in case of unwanted weight gain until the optimal weight is achieved. Please ensure that you weigh your dog every week until you find the best amount required to maintain an optimal weight.
- Food transition in Adult Dogs: Any change in the type of food, ingredient, or food (even within the same brand!) requires careful food transition. If you are transferring your dog from one diet to another, do that over 10-14 days by adding 10 % of the new food to the old diet and increasing it slowly every day. If you notice any adverse reactions, like diarrhoea or vomiting please contact your vet immediately.
- Basic home-made food formulas for every adult dog on any diet type, excluding the Raw, Keto and Plant-based diets. Compliant with the AAFCO and FEDIEF standards for adult dog nutritional requirements.

Please see the Table below and you will see the percentage required of each of the key food groups as listed in the first column - only with SHEVEGA Supplements.

						
Daily Amount						
Dog Weight	5kg	10kg	15kg	20kg	30kg	40kg
30% Protein	120g	250g	300g	400g	500g	600g
30% Carbohydrate	120g	250g	300g	400g	500g	600g
30% Vegetables	120g	250g	300g	400g	500g	600g
2% Oil	1 tsp	1 ¹ / ₂ tsp	2 tsp	2 ¹ / ₂ tsp	3 tsp	3 ¹ / ₂ tsp
8% Sauces	1 ¹ / ₂ tsp	2 ¹ / ₂ tsp	3 tsp	3 ¹ / ₂ tsp	4 tsp	4 ¹ / ₂ tsp
SHEVEGA Daily Supplements	¹ / ₂ tsp	1 tsp	1 ¹ / ₂ tsp	2 tsp	2 ¹ / ₂ tsp	3 tsp
Total	395g	808g	970g	1282g	1595g	1907g

SHEVEGA Pets DIET PLAN

shevega.com

SHEVEGA DAILY SUPPLEMENTS

These diet plans ONLY can be used with our SHEVEGA Supplements and have been carefully formulated.

SHEVEGA Pets For healthy dogs of all sizes
shevega.com

ADULT DOG | SUPERFOOD SUPPLEMENT

VITAL VITAMINS, MINERALS AND AMINO ACIDS
All the nutrients your adult dog needs on a daily basis

BOOSTS LONGEVITY IMMUNITY VITALITY



ADD DAILY TO:
PROCESSED FOOD
COMBINATION DIETS
HOMEMADE VET DIETS

Keep your dog healthy with SHEVEGA Supplements

250g Created and formulated by Veterinary Nutritionist Experts

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shevega.com

ADULT DOG | SUPERFOOD SUPPLEMENT

VITAL VITAMINS, MINERALS AND AMINO ACIDS
All the nutrients your adult dog needs on a daily basis

Supplement	Toy Dog	Small Dog	Medium Dog	Large Dog	Extra Large Dog	Geriatric Dog
100% Protein Food	Half a tsp	1 tsp	2 tsp	3 tsp	4 tsp	2 tsp
100% Omega-3	1/4 tsp	1/2 tsp	1 tsp	1 1/2 tsp	2 tsp	1 tsp
100% Vitamins	1/2 tsp	1 tsp	2 tsp	3 tsp	4 tsp	2 tsp

Once-a-day to keep the Vet bills away!

250g Created and formulated by Veterinary Nutritionist Experts

SHEVEGA Pets For dogs with health conditions
shevega.com


ADULT DOG | SUPERFOOD SUPPLEMENT

VITAL VITAMINS, MINERALS AND AMINO ACIDS
All the nutrients your adult dog needs on a daily basis

ADD DAILY TO SHEVEGA DIETS FOR:

- DIETARY OBSESSION AND PITY URGE
- DIETARY OBSESSION
- IBS, COLIC AND PAINFUL STOMACH
- KIDNEY AND HEART FAILURE
- DIETARY SENSITIVITIES AND ALLERGENIC REACTIONS
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SUPPORTS HEALTH AND RECOVERY



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For more information about SHEVEGA or our products please email: info@shevega.com

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